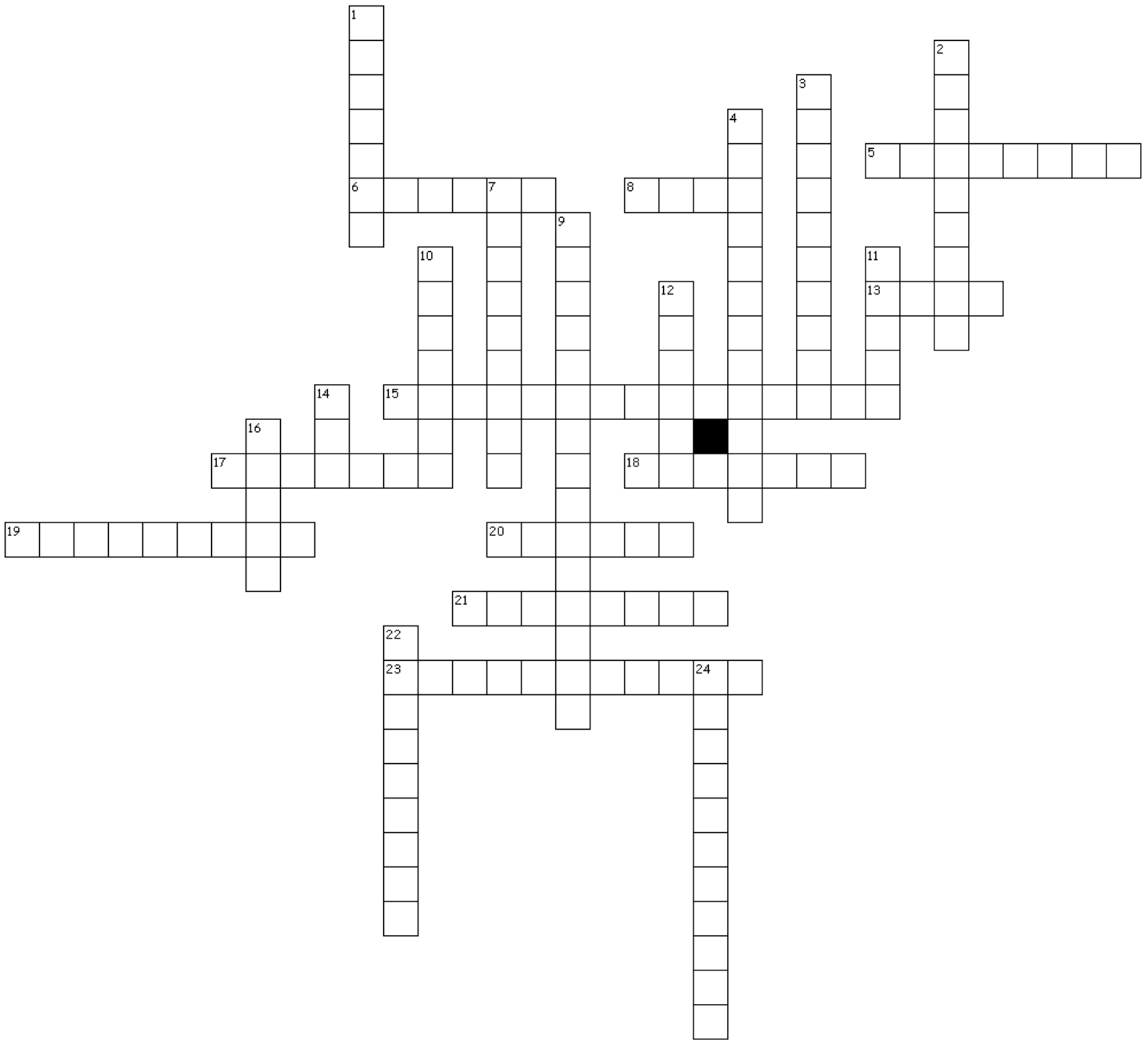


Nutrition Crossword



Across

5. The vitamin that allows for Calcium absorption.
6. A chain of sugar molecules linked together.
8. The calorie content of 1 gram of carbohydrates or proteins.
13. The mineral needed to bind oxygen to the hemoglobin in blood.
15. Olive oil is this type of lipid.
17. The sugar found in milk.
18. The nutrient that can be an energy source or a structural component of the body like skin.
19. The lipid molecule that is solid at room temperature.
20. A deficiency of Ascorbic Acid.
21. The vitamin that aids in vision because it is a component of retinol.
23. The most basic need for energy.

Down

1. The simple carbohydrate that is used at the cellular level.
2. A very energy intensive need of new mothers.
3. A feedstuff that is high in 1 nutrient.
4. The nutrient that is most easily digested and is only used for energy.
7. The structural component of plants that can only be broken down by microbes in the rumen.
9. The lipid that is liquid at room temperature.
10. The name for table sugar.
11. The nutrient that contains 9 calories per gram.
12. A deficiency of iodine.
14. The way a mammalian body stores excess carbohydrates.
16. The most important nutrient in the diet.
22. The building blocks of a protein.
24. A feedstuff that is added to a ration for its high energy content.